

KS5 Reading List for Psychology

TITLE & AUTHOR

Here's a structured list combining wider reading suggestions and podcasts for A Level Psychology students.

1. General Introduction/Consolidation

Books:

- **Making up the Mind** – Chris Frith
- **The Psychology Book** – Benson et al.
- **The Human Mind: And How to Make the Most of It** – Robert Winston
- **How to Think Straight About Psychology** – Keith E. Stanovich
- **Forty Studies That Changed Psychology** – Roger R. Hock
- **50 Great Myths of Popular Psychology** – Scott O. Lilienfeld
- **The Principles of Psychology** – William James
- **What Works: Reducing Re-offending** – James McGuire

Podcasts:

- **The Psych Files** – Explores key psychology concepts for students.
- **Speaking of Psychology** – American Psychological Association's podcast on the latest psychological research.
- **All in the Mind** – BBC's exploration of psychology and mental health.
- **PsychCrunch** – BPS podcast on research studies and applications.
- **MindShift** – Focuses on learning and cognitive psychology.
- **The Psychology Podcast** – Dr. Scott Barry Kaufman discusses human potential and creativity.
- **Hidden Brain** – Explores psychological concepts through storytelling.
- **TEDTalks: Psychology** – Short presentations on psychological topics.
- **Science of Psychotherapy** – Neuroscience and psychology-focused podcast.
- **The Happiness Lab** – Yale professor Dr. Laurie Santos discusses the science of happiness.

2. Approaches in Psychology

Books:

- **About Behaviorism** – B.F. Skinner (*)
- **Pavlovian Conditioning: It's not what you think it is** – Robert A. Rescorla (*)
- **Inside the Nudge Unit** – David Halpern
- **The Extended Phenotype** – Richard Dawkins (*)
- **Genes and Behaviour** – Michael Rutter (*)
- **The Selfish Gene** – Richard Dawkins
- **The Interpretation of Dreams** – Sigmund Freud (*)

3. Psychopathology

Books:

- **Madness Explained: Psychosis and Human Nature** – Richard P. Bentall
- **The Frog that Croaked Blue** – Jamie Ward
- **Explaining, Mending, and Manipulating the Brain** – Steven Rose
- **The Anatomy of Violence: The Biological Roots of Crime** – Adrian Raine
- **The Heart of a Therapist** – Elvin Semrad

Podcasts:

- **All in the Mind** – Covers mental health and disorders like schizophrenia.
- **Speaking of Psychology** – Regular episodes on mental health topics.
- **The Psych Files** – Episodes on clinical psychology and psychopathology.

4. Social Influence

Books:

- **The Social Animal** – Elliot Aronson
- **The Power of Others** – Michael Bond
- **The Optimism Bias** – Tali Sharot
- **Cognitive Neuroscience** – Michael Gazzaniga (*)
- **Mind in Society** – Lev Vygotsky

5. Memory

Books:

- **What Intelligence Tests Miss** – Keith E. Stanovich
- **The Baby in the Mirror** – Charles Fernyhough
- **The Philosophical Baby** – Alison Gopnik
- **The Number Sense** – Stanislas Dehaene
- **Thinking, Fast and Slow** – Daniel Kahneman
- **Making up the Mind** – Chris Frith
- **Mental Models** – Phil Johnson-Laird
- **Working Memory, Thought, and Action** – Alan Baddeley (*)

6. Attachment

Books:

- **Developmental Psychology: Revisiting the Classic Studies** – Slater
- **Attachment** – John Bowlby (*)

7. Biopsychology

Books:

- **Making up the Mind: How the Brain Creates Our Mental World** – Chris Frith
- **Rhythms of the Brain** – György Buzsáki
- **Developmental Cognitive Neuroscience** – Mark Johnson
- **How the Mind Works** – Stephen Pinker
- **The Man with a Shattered World** – A.R. Luria

8. Schizophrenia

Books:

- **The Divided Self: An Existential Study in Sanity and Madness** – R.D. Laing
- **Madness Explained: Psychosis and Human Nature** – Richard P. Bentall
- **Schizophrenia: A Very Short Introduction** – Chris Frith and Eve Johnstone

- **Hallucinations** – Oliver Sacks

Podcasts:

- **PsychCrunch** – Covers mental health topics including schizophrenia.
- **Speaking of Psychology** – Insights into mental health research and schizophrenia.
- **The Psych Files** – Detailed explanations on psychopathology, including schizophrenia.

9. Aggression

Books:

- **The Anatomy of Violence** – Adrian Raine
- **On Aggression** – Konrad Lorenz
- **Aggression: From Fantasy to Action** – Henri Parens
- **The Better Angels of Our Nature: Why Violence Has Declined** – Steven Pinker

Podcasts:

- **All in the Mind** – Includes episodes on aggression and violent behavior.
- **The Psychology Podcast** – Covers aspects of human behavior, including aggression.
- **The Science of Psychotherapy** – Looks into biological and psychological aspects of aggressive behavior.

10. Relationships

Books:

- **The Evolution of Desire** – David M. Buss
- **Attached: The New Science of Adult Attachment** – Amir Levine and Rachel Heller

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- **Attached: The New Science of Adult Attachment** – Amir Levine and Rachel Heller
- **The Evolution of Desire: Strategies of Human Mating** – David M. Buss
- **The Psychology of Love** – Robert J. Sternberg
- **Why We Love: The Nature and Chemistry of Romantic Love** – Helen Fisher
- **The Social Animal** – Elliot Aronson

Podcasts:

- **Hidden Brain** – Features episodes on relationships, social behavior, and attraction.
- **Speaking of Psychology** – Regularly discusses research on relationships, attachment, and love.
- **The Psychology Podcast** – Focuses on aspects of relationships, human connection, and romantic behaviors.
- **All in the Mind** – Covers psychological aspects of relationships and attachment styles.